

2018 Seniors to Parks Trips

St. Louis Area Office

Arrow Rock State Historic Site April 18, 2018

Physical Level of Activity: EXCESSIVE WALKING

Stroll through the history of a once-bustling river town that's now the serene village of Arrow Rock walking the streets lined with the architecture of the historic "Boone's Lick Country" led by the Friends of Arrow Rock. Lunch will be served at the historic J. Huston Tavern, which dates back to 1834 and provides a dining experience in the oldest continuously operating restaurant west of the Mississippi River. View displays of historic furnishings in the old kitchen and upstairs bedrooms. If time permits we will visit other historic buildings, such as the Old Courthouse and George Caleb Bingham's house. Become acquainted with the history of Arrow Rock and the "Boone's Lick Country" through exhibits and audio-visual presentations in the visitor center. The historic site is part of the larger Village of Arrow Rock, which features quaint stores and several antique shops.

Deutschheim State Historic Site May 23, 2018

Physical Level Of Activity: Moderate walking and standing. ACCESSIBLE INFORMATION: Some steep railed steps, mostly level sidewalks, some slabs are tilted and may be a barrier to some visitors

Visit a significant part of German-American history and early Missouri settlement at Deutschheim State Historic Site through a guided walking tour of restored 1840s and 1850s buildings. Experience the daily life and traditions of German immigrants to Missouri in the mid-19th century. Explore how German-Americans settled the Hermann area and developed the basis for a Missouri wine industry. Grapevines planted more than 100 years ago can still be seen on the property as can a number of historic artifacts. Visitors also can tour the Strehly house, which was used for a printing business that produced the first German newspaper west of the Mississippi in 1843. Learn about the German migration to Missouri, why they came and what they have contributed to our state history. Walk through house interiors, furnished as they were in the 19th century, supplemented by exhibits of German culture and traditions.

First Missouri State Capitol State Historic Site September 20, 2018

Physical Level Of Activity: Moderate walking and standing

Located within a stone's throw of the Missouri River and Katy Trail State Park, and in the heart of historic St. Charles, First Missouri State Capitol State Historic Site is the first seat of the state's government. Its rough hewn timbers and dark wood floors whisper the tales of the state's first legislature. Interpretive programs help visitors understand how the state's government was formed and what life was like in the early 1800s complete with antique furnishings. A dry goods store contains examples of historical objects and merchandise. Explore household tasks of the 1800's such as churning butter, popping popcorn and eating stick bread.

Lunch and transportation from the St. Louis Area Parks Office for participants will be provided at no charge for all scheduled trips. Space is limited and you must be registered to attend. Preference is given to first time participants. This event is free and restricted to seniors 60+

To RSVP or for more information contact Alicia Covington or Carlotta Lewis at 314-340-5794.